

Blissed Out Smoothies 16 oz

Yummy Goodness- banana, strawberry, blueberry, date, bliss nut-milk **\$8.50**
bliss it out with cacao (chocolate!) \$1

Razataz- mango, raspberry, banana, date, bliss nut-milk **\$8.50**
bliss it out with cacao (chocolate!) \$1

Firework- orange, strawberry, mango, banana, ginger, bliss nut-milk **\$9.50**
bliss it out with bee pollen \$1.50

Strawberry Patch- strawberry, banana, lucuma, date, bliss nut-milk, coconut love **\$9.50**

Beach Bum- blueberry, pineapple, banana, coconut water, ice **\$9.50**
bliss it out with bee pollen \$1.50

Chocolate Blueberry Bliss- blueberry, banana, date, bliss nut-milk, cacao (chocolate!) **\$9**

PB & J- banana, strawberry, raw almond butter, date, bliss nut-milk (Peace, Bliss & Joy) **\$9**
bliss it out with warrior food protein \$1.50

Cookies-N-Kream- Cacao (chocolate!), bliss nut-milk, banana, date, coconut love **\$9**
bliss it out with chocolate warrior food protein \$1.50

Carrot Cake- carrot juice, banana, bliss nut-milk, spice, date, coconut love **\$9**
bliss it out with ginger \$.50

The Warrior- blueberry, strawberry, acai, banana, coconut water, warrior food protein, coconut oil **\$11**
bliss it out with ginseng \$1.50

Chai Ganesha (Elephant Power!)- chai spice, bliss nut-milk, banana, agave, coconut love, **\$9**

Shaman's Dream- strawberry, goji, bliss nut-milk, cacao, coconut oil, agave, chia seeds **\$11**
bliss it out with ginseng \$1.50

Bee Present- Thai young coconut, banana, mango, coconut butter, coconut water, bee pollen **\$11**

Lakshmi- pineapple, banana, lime, ginger, coconut oil, coconut water, spirulina **\$11**
bliss it out with bee pollen \$1.50

Avocado Bliss- avocado, coconut love, bliss nut-milk, mesquite, maca, agave **\$10**
bliss it out with cacao \$1

Mocha Bliss- cacao, spring dragon tea, bliss nut-milk, dandy blend, blueberry, lucuma, chia, coconut love, agave (or sub stevia) **\$11**

Hempist- blueberry, banana, cacao, hemp protein, hempseed, coconut water, coconut oil, **\$11**
bliss it out with ginseng \$1.50

Heart Whisperer- Thai young coconut, banana, cacao, coconut butter, coconut water **\$11**

bliss nut-milk is made in house with almonds and vanilla bean

Blissed Out Green Smoothies 16 oz

Green Revolution- kale, strawberry, banana, avocado, filtered water, ice **\$9.50**
sub water for coconut water \$2

Glow Green- spinach, celery, banana, apple, parsley, lemon, ice **\$11**
bliss it out with marine phytoplankton \$1.50

Paradise- kale, orange, mango, ginger, coconut oil, coconut water, banana, ice **\$12**
bliss it out with marine phytoplankton \$1.50

Good Life- spinach, pineapple, strawberry, banana, coconut water, coconut love **\$12**
bliss it out with vitamineral green \$1.50

Veg Out- spinach, tomato, carrot, celery, avocado, parsley, cayenne, garlic, himalayan salt, lemon, ice **\$12**
bliss it out with marine phytoplankton \$1.50

Brass Monkey- avocado, spinach, orange juice, coconut love, banana, agave, ice **\$12**
bliss it out with cacao \$1

Cacao Kapow- spinach, blueberry, banana, cacao, date, bliss nut-milk, coconut love **\$12**
bliss it out with ginseng \$1.50

Green Samurai- spinach, blueberry, coconut water, cacao, banana, maca-force, vitamineral green, coconut oil, goji, warrior food protein **\$15**
bliss it out with marine phytoplankton \$1.50

Dragon Warrior- spinach, spring dragon tea, strawberry, banana, warrior food protein, cacao, maca-force, lucuma, chia, vitamineral green, coconut love, goji, agave (or sub stevia) **\$14**
bliss it out with ginseng \$1.50

Happy Shake- banana, spinach, blueberry, cacao, maca, vitamineral green, coconut oil, ice **\$12**
(*recipe by stacy stowers*)

Blissed Out Slushes 16 oz

Love Bug- strawberry, watermelon, agave, lime **\$8.50**
bliss it out with marine phytoplankton \$1.50

Pink Lemonade- Strawberry, raspberry, lemon, agave **\$8.50**
bliss it out with bee pollen \$1.50

Green Lemonade- lemon, apple, agave, mint, spirulina **\$8**
bliss it out with marine phytoplankton \$1.50

Blue-Green Lemonade- blueberry, apple, lemon, agave, afa blue-green algae **\$9**
bliss it out with marine phytoplankton \$1.50

ALL ORGANIC INGREDIENTS

Blissed Out Juices 12 oz

Carrot Apple Ginger- **\$7**

Menemsha Sunset- carrot, apple, ginger, beet, lemon **\$7.50**

Love Juice- apple, orange, lemon, watermelon, ginger **\$8.50**

Wide Awake- kale, celery, lemon, apple **\$8.50**
bliss it out with marine phytoplankton \$1.50

Good Feeling- celery, carrot, chard, apple, beet, lemon **\$8.50**
bliss it out with marine phytoplankton \$1.50

Green Goddess- celery, green apple, cucumber, chard, lemon, parsley **\$9**
bliss it out with marine phytoplankton \$1.50

Wild One- celery, cucumber, kale, chard, lemon, parsley, ginger, garlic, cayenne **\$10**
bliss it out with marine phytoplankton \$1.50

upgrade to an 16 oz juice- **\$2**
add ginger or garlic- \$.75

Blissed Out over Ice

Agave Lemonade- lemon, agave 16 oz **\$5**

Watermelon juice- 16 oz **\$7**

Spring Dragon Tea- 16 oz **\$5**

Lemon Dragon- spring dragon tea and lemonade 16 oz **\$5**

Blissed Out Shots

Wheatgrass- Locally grown organic wheatgrass juiced fresh! Loaded with minerals, vitamins, enzymes, amino acids & chlorophyll = 2 pounds of raw veggies! 1.5 oz- **\$4**

Wheatgrass Ginger Shot- Locally grown organic wheatgrass with ginger 2 oz- **\$4.50**

MSM Shot- MSM (Natural Sulfur Source) w/ orange juice (anti-inflammatory, great for hair, nails & skin, increased energy) 2 oz- **\$3**

Lemon Ginger Shot- Ginger, Lemon & pinch of cayenne pepper 2 oz- **\$3**

Additions & Supplements

cacao powder (1), bee pollen (1.5), vitamineral green (1.5), chia seeds (1.5), ginseng (1.5), spirulina (1.5), maca (1.5), chlorella (1.5), blue green algae (1.5), warrior food protein(1.5), goji berries (1.5), coconut oil (1.5) marine phytoplankton (1.5), afa blue-green algae (2)